

EQUEST FARM STUDENT PROGRESS FORM

Name: _____

Date: _____

Level: _____

Check Off the following skills as the above student progresses in his/her riding.

Identify and demonstrate the correct use of:

Currycomb _____ Body Brush _____ Face Brush _____ Hoof Pick _____
Scraper _____ Fly Spray _____ Tail brush _____

Demonstrate the correct way to:

Approach a horse _____ Halt a horse _____ Crosstie _____ Release a horse in its stall _____
Recognize a horse's mood _____

Recognize your equipment:

Saddle _____ Saddle pads _____ Bridle _____ Martingale _____ Grith _____

Mounting up:

Safely leading to the mounting block and mounting _____ Accepting a leg up _____
Adjusting the stirrups from the ground _____ Adjusting the stirrups while mounted _____
Addressing the reins when mounting _____ Checking the girth properly _____
Dismounting _____

Riding and Correct Equitation position:

Hold reins correctly: _____ Shorten the reins: _____ Bridge Reins: _____ Holding a crop: _____
Leg Position: _____ Placement of Stirrup: _____ Upper body position: _____ Arm Position: _____

Riding: Level 3

Can steer horse correctly at a walk: _____ Can steer horse at a walk over poles: _____
Can do 2 point at a walk: _____ a trot: _____ Posting trot: _____ Sitting Trot: _____
Can steer around others at a trot: _____ Can trot cross-rails: _____ Can halt: _____
Can trot a course of cross-rails: _____ Can post around the ring 2 times without stirrups: _____
Can trot x's with good corners at 2 point: _____

Safe Horse handling and tacking:

Blanket/unblanket: _____ Brush and groom horse properly: _____ Place saddle pads and saddle on: _____
Bridle the horse: _____ Fly Spray: _____ Unbridle the horse: _____ Clean tack and put it away: _____
Bathe or hose off horse: _____ Release a horse in pasture: _____

Riding Level 4

A controlled left turn: _____ A controlled right turn: _____ A complete circle: _____
Posting trot independently: _____ A controlled halt: _____ Two Point balance: _____
Understand diagonals and demonstrate at a trot: _____ Identify all 3 gaits: _____
Can tack for themselves: _____ Can untack and put horse away themselves: _____

Riding level 5

All 5 rein aides: _____ Three types of release (short, long and automatic): _____ Know the 4 angles: _____
Independently use leg/seat/hand aides: _____ Sit the trot: _____ Understand Right of Way and safe passing: _____ Pass at
the trot: _____ Canter on the correct lead: _____ Trot overpoles demonstrating 2 point and both crest releases: _____ Trot
oversmall vertical using two point and correct release: _____ Halt in a straight line after completing trot over small verticle _____